

DIRECTIONS: TAKE TWO (2) CAPSULES DAILY, PREFERABLY WITH FOOD.

Supplement Facts		
SERVING SIZE: 2 CAPSULES		
	AMOUNT PER SERVING	%DV*
VITAMIN D3 (AS CHOLECALCIFEROL)	200 IU	50%
FISH OIL CONCENTRATE	2000 mg	†
TOTAL OMEGA-3 FATTY ACIDS	1200 mg	†
EPA (EICOSAPENTAENOIC ACID)	580 mg	†
DHA (DOCOSAHEXAENOIC ACID)	470 mg	†
* PERCENT DAILY VALUES ARE BASED ON A 2,000 CALORIE DIET.		
† PERCENT DAILY VALUE NOT ESTABLISHED.		

LB122.010103

OTHER INGREDIENTS: GELATIN, GLYCERIN, LEMON OIL, PURIFIED WATER, MIXED NATURAL TOCOPHEROLS, SOYBEAN OIL.

LABORATORY TESTED, POTENCY GUARANTEED. MEETS USP SPECIFICATIONS FOR POTENCY, UNIFORMITY, AND DISINTEGRATION, WHERE APPLICABLE.

KEEP OUT OF REACH OF CHILDREN. CONSULT YOUR PHYSICIAN IF YOU ARE PREGNANT, NURSING, TAKING A PRESCRIPTION DRUG, OR HAVE A MEDICAL CONDITION.