

DIRECTIONS: TAKE THREE (3) TABLETS SPREAD EVENLY THROUGHOUT THE DAY, PREFERABLY WITH MEALS.

Supplement Facts

Serving Size 3 Tablets

	AMOUNT PER SERVING	%DV*
VITAMIN A (AS BETA CAROTENE)	9,000 IU	180%
VITAMIN C (POLY C, CALCIUM, POTASSIUM, MAGNESIUM AND ZINC ASCORBATES)	500 mg	830%
VITAMIN D (AS CHOLECALCIFEROL)	1000 IU	250%
VITAMIN E (AS D-ALPHA TOCOPHERYL SUCCINATE)	200 IU	670%
VITAMIN K (AS PHYLLOQUINONE)	60 µg	75%
THIAMIN (AS THIAMIN HYDROCHLORIDE)	20 mg	1330%
RIBOFLAVIN	20 mg	1330%
NIACIN (AS NIACIN AND NIACINAMIDE)	36 mg	180%
VITAMIN B6 (AS PYRIDOXINE HYDROCHLORIDE)	24 mg	1200%
FOLATE (AS FOLIC ACID)	500 µg	125%
VITAMIN B12 (AS CYANOCOBALAMIN)	150 µg	2500%
BIOTIN	300 µg	100%
PANTOTHENIC ACID (AS D-CALCIUM PANTOTHENATE)	30 mg	300%
CALCIUM (AS CARBONATE AND CITRATE)	225 mg	25%
IODINE (AS POTASSIUM IODIDE)	150 µg	100%
MAGNESIUM (AS AMINO ACID CHELATE AND CITRATE)	112.5 mg	30%
ZINC (AS ZINC CITRATE)	12 mg	80%
SELENIUM (AS AMINO ACID COMPLEX)	150 µg	210%
COPPER (AS COPPER GLUCONATE)	1 mg	50%
MANGANESE (AS MANGANESE GLUCONATE)	3 mg	150%
CHROMIUM (AS CHROMIUM NICOTINATE AND CHROMIUM CHLORIDE)	150 µg	130%
MOLYBDENUM (AS MOLYBDENUM TRIOXIDE)	50 µg	65%
CHOLINE BITARTRATE	45 mg	†
INOSITOL	30 mg	†
ANTIOXIDANT PHYTONUTRIENT COMPLEX (QUERCETIN DIHYDRATE, OLIVOL® [OLIVE EXTRACT, <i>OLEA EUROPAEA</i> L., FRUIT]**, GRAPE SEED EXTRACT [<i>VITIS VINIFERA</i> L. SEED], GREEN TEA EXTRACT-DECAFFEINATED [<i>CAMELLIA SINENSIS</i> HUNT, LEAVES], MERIVA® BIOAVAIL LABLE CURCUMIN COMPLEX)***	156 mg	†
LUTEIN (<i>TAGETES ERECTA</i> L., FLOWER)	1500 µg	†
LYCOPENE	450 µg	†
BROCCOLI CONCENTRATE (<i>BRASSICA OLERACEA</i> V. <i>BOTRYTIS</i> L., FLOWER)	15 mg	†

* PERCENT DAILY VALUE IS BASED ON A 2,000 CALORIE DIET.

** OL IVOL IS A TRADEMARK OF USANA HEALTH SCIENCES, INC., AND IS PROTECTED UNDER U.S. PATENTS 6,358,542 OR 6,361,803.

*** MERIVA IS A TRADEMARK OF INDENA S.P.A.

† DAILY VALUE NOT ESTABLISHED

OTHER INGREDIENTS: MICROCRYSTALLINE CELLULOSE, CROSCARMELLOSE SODIUM, SILICON (AS SILICON DIOXIDE AND SILICON AMINO ACID CHELATE), MODIFIED CELLULOSE, L-CYSTEINE HYDROCHLORIDE, DEXTRIN, ASCORBYL PALMITATE, DEXTROSE, SOY LECITHIN, NATURAL MANGO FLAVOR, STEVIA, SODIUM CITRATE.

KEEP OUT OF REACH OF CHILDREN. CONSULT YOUR PHYSICIAN IF YOU ARE PREGNANT, NURSING, TAKING A PRESCRIPTION DRUG, OR HAVE A MEDICAL CONDITION.