

Dutch Chocolate Nutrimeal™

Directions: For a rich, creamy shake, combine 3 scoops with 10–12 ounces of cold water to taste. Thoroughly mix in a blender or BlenderBottle® for 45 seconds. It's perfect for replacing one or more meals a day!

| Nutrition Facts | | | | |
|---|-----------|---------|-------------|----------------|
| Serving Size 3 scoops (60 g) | | | | |
| Servings per Container 9 | | | | |
| Amount Per Serving | | | | |
| Calories | | | | 230 |
| Calories from Fat | | | | 70 |
| | | | | % Daily Value* |
| Total Fat 7g | | | | 11% |
| Saturated Fat 1g | | | | 5% |
| Trans Fat 0g | | | | |
| Cholesterol 0mg | | | | 0% |
| Sodium 400mg | | | | 17% |
| Potassium 590mg | | | | 17% |
| Total Carbohydrate 32g | | | | 11% |
| Dietary Fiber 8g | | | | 32% |
| Soluble Fiber 3g | | | | |
| Insoluble Fiber 5g | | | | |
| Sugars 17g | | | | |
| Protein 15g | | | | 30% |
| Vitamin A | 15% | • | Vitamin C | 25% |
| Calcium | 25% | • | Iron | 20% |
| Vitamin D | 35% | • | Vitamin E | 20% |
| Thiamin | 30% | • | Riboflavin | 35% |
| Niacin | 20% | • | Vitamin B6 | 30% |
| Folate | 20% | • | Vitamin B12 | 10% |
| Phosphorus | 40% | • | Iodine | 30% |
| Magnesium | 25% | • | Zinc | 20% |
| Copper | 20% | • | Manganese | 20% |
| Molybdenum | 25% | | | |
| * Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your caloric needs. | | | | |
| | Calories: | 2,000 | | 2,500 |
| Total fat | Less than | 65g | | 80g |
| Sat. fat | Less than | 20g | | 25g |
| Cholesterol | Less than | 300mg | | 300mg |
| Sodium | Less than | 2,400mg | | 2,400mg |
| Potassium | | 3,500mg | | 3,500mg |
| Total Carbohydrate | | 300g | | 375g |
| Dietary Fiber | | 25g | | 30g |
| Protein | | 50g | | 65g |
| Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4 | | | | |

Ingredients: Protein Blend [Soy Protein Isolate, Whey Protein Isolate, Pea Protein Isolate, Rice Protein Concentrate], Fructose, Sunflower Oil, Natural Flavors, Maltodextrin, Soy Fiber, Oat Fiber, Gum Arabic, Cane Fiber, Oligofructose, Potassium Phosphate, Prune Powder (Prune, Calcium Stearate), Tricalcium Phosphate, Magnesium Citrate, Sodium Caseinate (a milk derivative), Cellulose Gum, Salt, Xanthan Gum, Inulin, Soy Lecithin, Tocopherols (to protect flavor), Silicon Dioxide, Wheat Bran, Ascorbic Acid (Vitamin C), Zinc Gluconate, D-Alpha Tocopheryl Acetate (Vitamin E), Niacinamide (Niacin), Potassium Iodide, Vitamin A Palmitate, Molybdenum Citrate, Cholecalciferol (Vitamin D), Manganese Citrate, Pyridoxine Hydrochloride (Vitamin B6), Folic Acid, Copper Gluconate, Cyanocobalamin (Vitamin B12), Riboflavin (Vitamin B2), Ferrous Fumarate, Thiamin Hydrochloride (Vitamin B1).

Contains: soybean, milk, wheat.

Produced on equipment that also processes peanuts, tree nuts, eggs, sesame, and shellfish.