

Peanut Butter Crunch Nutrition Bar

Nutrition Facts

Serving Size 1 bar (39g)

Servings per container 14

Amount per serving

Calories 160

Calories from fat 45

% Daily Value*

Total Fat 5g	8%
Saturated Fat 2g	11%
<i>Trans</i> Fat 0g	0%
Cholesterol 0mg	0%
Sodium 135mg	6%
Potassium 130mg	4%
Total Carbohydrate 19g	6%
Dietary Fiber 2g	6%
Soluble Fiber 0g	
Insoluble Fiber 2g	
Sugars 14g	
Sugar Alcohol 0g	

Protein 10g

Vitamin A	0%	•	Vitamin C	0%
Calcium	4%	•	Iron	10%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your caloric needs.

	Calories:	2,000	2,500
Total fat	Less than	65g	80g
Sat. fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Protein		50g	65g

INGREDIENTS: Protein Blend (Soy Protein Isolate, Textured Soy Protein Concentrate), Fructose, Coating (Sugar, Fractionated Palm Kernel Oil, Cocoa Powder, Whey Powder, Nonfat Milk Powder, Soy Lecithin, Natural Flavor), Evaporated Cane Juice, Peanuts, Glycerin, Peanut Butter, Peanut Flour, Natural Flavor, Soy Fiber, Soy Lecithin.

ALLERGEN INFORMATION: Product contains Peanuts, Soy, and Milk, and is produced on equipment that is used to produce products that contain Eggs, Wheat, Peanuts, Seeds, and Tree Nuts.

¹ For our customers with sensitivity to gluten, no wheat is used as an ingredient in this product. However, this product is produced in a facility that may manufacture other products that do contain wheat.